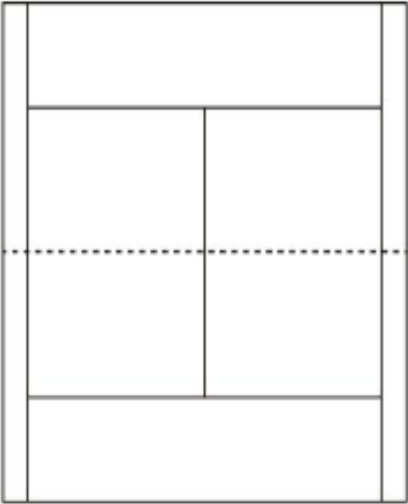
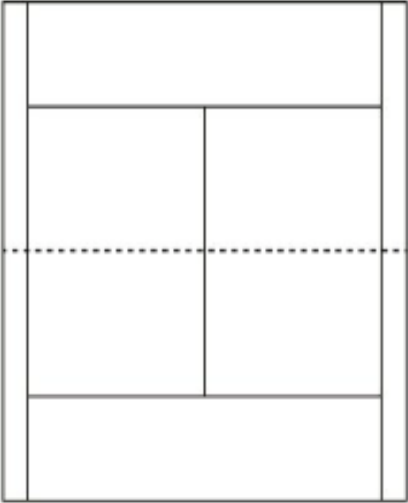


Session Planner

 	GAME SITUATION	THEME	
	<ol style="list-style-type: none">1. Serving2. Returning3. Baseline to baseline4. Approaching the net5. Passing the net player	Intro	
		Warm up & skill builders	
		Modified game & analysis	
		Feedback & practice	
	TACTICAL OBJECTIVE	Modified game / Competitive	
	<ol style="list-style-type: none">1. Consistency2. Move the opponent3. Maintain good court position4. Use the strength5. Exploiting the weakness	Open play	
		Cool down & wrap up	